

Belize Trip Itinerary- March 11-19, 2016 (Subject to Change)

Date	Time	Activity	Accommodation
11-Mar	4h00	Meet at Pierre Elliott Trudeau Intl Airport	TREES
	6h45	Flight to Houston International	
	13h15	Flight to Belize International	
	15h45	Arrive in Belize City and bus transfer to T.R.E.E.S	
	18h00	Orientation	
	TBA	Dinner at T.R.E.E.S	
12-Mar	TBA	Breakfast at T.R.E.E.S	TREES
	TBA	Lectures and Presentation	
	TBA	Lunch at T.R.E.E.S	
	TBA	Guided hike of T.R.E.E.S Property	
	TBA	Dinner at T.R.E.E.S	
13-Mar	TBA	Breakfast at T.R.E.E.S	Tobaccoo Caye Marine Station
	TBA	Travel to Tobacco Caye (island) from TREES	
	TBA	Lunch at TCMS	
	TBA	Introduction to snorkelling	
	TBA	Dinner at TCMS	
14-Mar	TBA	Breakfast at TCMS	Cockscomb Basin Wildlife Reserve
	TBA	Snorkeling & wrap-up	
	TBA	Travel to the Maya Center (back to mainland)	
	TBA	Lunch at Maya Center	
	TBA	Tour of Trail	
	TBA	Herbal Medicine Walk	
	TBA	Spirituality- pulse healing and abdominal massage	
	TBA	Wrap up Maya Ceremony	
	TBA	Dinner at Maya Center	
	TBA	Transfer to Cockscomb Basin Wildlife Reserve	
	TBA	Night Hike	
15-Mar	TBA	Breakfast at CBWR (Catered by Maya Center)	TREES
	TBA	Waterfall Hike	
	TBA	Lunch (catered by Maya Center)	
	TBA	Return to TREES	
	TBA	Free time at T.R.E.E.S	
	TBA	Dinner at T.R.E.E.S	

16-Mar	TBA	Breakfast at T.R.E.E.S	TREES
	TBA	Transfer to Xunantunich (Maya Ruins)	
	TBA	Guided tour and entry to Maya Ruins	
	TBA	Lunch	
	TBA	Swim in Blue Hole (St-Herman National Park)	
	TBA	Transfer back to TREES	
	TBA	Dinner at T.R.E.E.S	
17-Mar	TBA	Breakfast at T.R.E.E.S	TREES
	TBA	All-day visiting Farms (packed lunch)	
	TBA	Dinner at T.R.E.E.S	
18-Mar	TBA	Breakfast at T.R.E.E.S	TREES
	TBA	Transportation to offsite Project Locations	
	TBA	Lunch	
	TBA	Work on Independent Projects	
	TBA	Dinner at T.R.E.E.S	
	TBA	Farewell Cultural/Musical Presentation	
March 19th	5h00	Transfer to Belize City to International Airport	Home
	9h45	Flight from Belize City to Houston	
	15h45	Flight from Houston to Montreal	
	20h30	Arrive at Pierre Elliott Trudeau International	